

Menu Cycle Week – Nutrient Analysis

Generated on: 4/11/2019 11:09:52 AM by Kathleen McCullough

Menu Cycle: UD Elementary Breakfast WK1 2018-2019
 Week: 1
 Result: **Exceeded**

Meal Pattern: [USDA]Meal Pattern SY 2014+
 Meal Type: Breakfast
 Serving Group: K-5
 Site Group: Elementary School

Cycle Week Nutrient Summary			
Nutrient	Weekly Standard Value	Actual Value	% of Calories
Calories (Kcal)(1)	[350.00 - 500.00]	445.64	
Fat (g)		7.30	14.73
Sfat (g)(1)	< 10.00 % of Calories	1.57	3.18
TFat (g)(2)		0.00(M)	
Chol (mg)		6.01	
Sodium Target 1 (mg) (13)	< 540.00	482.18	
Sodium Target 2 (mg) (13)	< 485.00	482.18	
Carb (g)		83.51	74.95
TDF (g)		3.62	
Sugars (g)		16.75(M)	15.03
Pro (g)		12.72	11.41
Fe (mg)		1.86	
Ca (mg)		368.32	
A,IU		718.79(M)	
VitC (mg)		6.88(M)	
Mois (g)		39.22(M)	
Ash (g)		0.15(M)	

Cycle Week Food Component Summary			
Food Component	Standard Value	Actual Value	% of Total
Fruit	>= 5.000	5.500	
Veg		0.000	
Veg-DG		0.000	
Veg-RO		0.000	
Veg-BP		0.000	
Veg-S		0.000	
Veg-O		0.000	
Grains	[7.000 - 10.000]	[12.000 - 16.000](a)	
Non-WGR		0.000	
WGR	>= 100.000 % of	20.000	100.00
Meat/MA		0.000	
MILK-F	>= 5.000	5.000	
Fruit-J	<= 50.000 % of	0.000	0.00
Grain-D		0.000	
Vegetable-J		0.000	
MILK-V		Pass	

Legend

PrimeroEdge will flag based on USDA requirements, but your State Agency may issue waivers to allow a Menu Cycle with at least 50% WGR Grains to pass, or for 1% flavored milk to be an acceptable variety. In such instances, as long as you have met the conditions of the waiver, your State Agency will consider you to be in compliance.

(M) Indicates missing nutrient values.

- 1 Standard Value is the daily average requirement for a school week.
- 2 Trans Fat is provided for informational purposes, not for monitoring purposes.
- 3 Sodium Target 2 will be marked in orange if exceeded prior to the effective date of July 1, 2020 and does not impact pass/fail compliance prior to that date.
- a USDA is offering flexibility by allowing SFAs to exceed the maximum amount of grains and meat/meat meal alternates as long as the daily and weekly minimums for these components are met and the calories are within the required range.

Menu Cycle Week – Nutrient Analysis

Generated on: 4/11/2019 11:27:41 AM by Kathleen McCullough

Menu Cycle: UD Elementary Breakfast WK5 2018-2019
 Week: 1
 Result: **Exceeded**

Meal Pattern: [USDA]Meal Pattern SY 2014+
 Meal Type: Breakfast
 Serving Group: K-5
 Site Group: Elementary School

Cycle Week Nutrient Summary			
Nutrient	Weekly Standard Value	Actual Value	% of Calories
Calories (Kcal)(1)	[350.00 - 500.00]	418.78	
Fat (g)		6.74	14.48
Sfat (g)(1)	< 10.00 % of Calories	1.64	3.52
TFat (g)(2)		0.00(M)	
Chol (mg)		14.01	
Sodium Target 1 (mg) (13)	< 540.00	433.91	
Sodium Target 2 (mg) (13)	< 485.00	433.91	
Carb (g)		77.31	73.84
TDF (g)		3.03	
Sugars (g)		18.16(M)	17.35
Pro (g)		12.33	11.77
Fe (mg)		2.65	
Ca (mg)		367.54	
A,IU		689.92	
VitC (mg)		19.58	
Mois (g)		10.75(M)	
Ash (g)		0.07(M)	

Cycle Week Food Component Summary			
Food Component	Standard Value	Actual Value	% of Total
Fruit	>= 5.000	5.000	
Veg		0.000	
Veg-DG		0.000	
Veg-RO		0.000	
Veg-BP		0.000	
Veg-S		0.000	
Veg-O		0.000	
Grains	[7.000 - 10.000]	[9.250 - 14.000](a)	
Non-WGR		0.000	
WGR	>= 100.000 % of	18.500	100.00
Meat/MA		0.000	
MILK-F	>= 5.000	5.000	
Fruit-J	<= 50.000 % of	1.000	20.00
Grain-D		0.000	
Vegetable-J		0.000	
MILK-V		Pass	

Legend

PrimeroEdge will flag based on USDA requirements, but your State Agency may issue waivers to allow a Menu Cycle with at least 50% WGR Grains to pass, or for 1% flavored milk to be an acceptable variety. In such instances, as long as you have met the conditions of the waiver, your State Agency will consider you to be in compliance.

(M) Indicates missing nutrient values.

- 1 Standard Value is the daily average requirement for a school week.
- 2 Trans Fat is provided for informational purposes, not for monitoring purposes.
- 3 Sodium Target 2 will be marked in orange if exceeded prior to the effective date of July 1, 2020 and does not impact pass/fail compliance prior to that date.
- a USDA is offering flexibility by allowing SFAs to exceed the maximum amount of grains and meat/meat meal alternates as long as the daily and weekly minimums for these components are met and the calories are within the required range.

Menu Cycle Week – Nutrient Analysis

Menu Item (Serving Size)	Plan Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Sugars (g)	Pro (g)	Fe (mg)	Ca (mg)	A,IU	VitC (mg)	Mois (g)	Ash (g)
UD Elementary Breakfast 2018-2019 Wk5 Day 1:46779 :63598 - Day: 1	3000																
Category: Grains; Choose: 2																	
831157-Bar, Butterscotch Oatmeal, 1.24 oz, Betty Crocker. General Mills, 16000-45976, WGR - AR1438 (1 Bar)	2,900	150.00	5.00	1.50	0.00	20.00	120.00	23.00	2.00	8.00	2.00	0.72	0.00	0.00	0.00	(M)	(M)
Cookies, Cinnamon Graham Crackers, Keebler Bug Bites, Kellogg's, 210/1 oz., 55644, WGR - SR106517 (1 pkg.)	100	120.00	3.50	1.00	0.00	0.00	115.00	21.00	1.00	8.00	2.00	0.72	100.00	500.00	0.00	(M)	(M)
Pastry, Pop-Tarts Frosted Strawberry Made With Whole Grain, 1.76 oz./12/10, Kellogg's, 38000-55130, WGR - SR106318 (1 pastry)	100	180.00	2.50	1.00	0.00	0.00	180.00	38.00	3.00	15.00	2.00	1.80	100.00	500.00	0.00	(M)	(M)
UD HS Graham crackers - LR100271 (1 pkg.)	2,900	60.00	1.50	0.00	0.00	0.00	60.00	11.00	1.00	3.00	1.00	0.36	60.00	0.00	0.00	0.00	0.00
Category: Fruits; Choose: 2																	
Ardmore Farms Apple Juice - LR100117 (1 ea.)	0	60.00	0.00	0.00	0.00	0.00	15.00	14.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Orange Juice - LR100014 (4 oz.)	2,800	50.00	0.00	0.00	0.00	0.00	15.00	13.00	0.00	0.00	1.00	2.00	0.00	0.00	42.00	0.00	0.00
UD 825008 - Fruit: Apple 138ct Whole 1/2 - LR100196 (1 Each, 138C)	220	62.21	0.20	0.04	(M)	0.00	1.20	16.52	2.87	(M)	0.31	0.14	7.18	64.60	5.50	102.36	0.23
Category: Milk; Choose: 1																	
826431 - MILK, Skim, Chocolate - AR1086 (1 Carton)	2,700	130.00	0.00	0.00	0.00	5.00	200.00	24.00	0.00	0.00	8.00	0.36	300.00	500.00	1.20	(M)	(M)
Strawberry non fat milk - LR100073 (1 Carton)	50	150.00	0.50	0.00	0.00	5.00	110.00	27.00	0.00	24.00	8.00	0.00	300.00	400.00	2.40	(M)	(M)
UD- MILK, 1% White 8oz : 6.1 - LR100226 (1 Carton)	50	103.00	2.38	1.54	0.00	12.25	107.80	12.23	0.00	12.00	8.26	0.07	306.25	480.19	0.00	220.30	1.84
UD- Milk, Skim 8 oz - LR100227 (1 Carton)	50	83.00	0.20	0.12	(M)	4.90	102.96	12.16	0.00	12.48	8.26	0.07	299.07	500.08	0.00	222.68	1.84
UD Elementary Breakfast 2018-2019 Wk5 Day 2 :63598 - Day: 2	3000																
Category: Grains; Choose: 2																	

Menu Cycle Week – Nutrient Analysis

Generated on: 4/11/2019 11:27:41 AM by Kathleen McCullough

Menu Item (Serving Size)	Plan Qty	Calorie s (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Sugars (g)	Pro (g)	Fe (mg)	Ca (mg)	A,IU	VitC (mg)	Mois (g)	Ash (g)
Bar, Chocolate Chip Oatmeal, 1.24 oz, Betty Crocker, General Mills, 16000-45977, WG - SR106343 (1 Bar)	50	150.00	5.00	1.00	0.00	0.00	105.00	24.00	2.00	8.00	2.00	0.72	0.00	0.00	0.00	(M)	(M)
Bar, French Toast BeneFIT Bar, 2.5oz, J&J Snack Foods, 40404, 2.25 WG - SR106893 (1 Bar)	2,900	290.00	9.00	2.50	0.00	25.00	200.00	47.00	3.00	21.00	5.00	1.80	40.00	0.00	0.00	(M)	(M)
UD HS Graham crackers - LR100271 (1 pkg.)	50	60.00	1.50	0.00	0.00	0.00	60.00	11.00	1.00	3.00	1.00	0.36	60.00	0.00	0.00	0.00	0.00
Category: Fruits; Choose: 2																	
Ardmore Farms Apple Juice - LR100117 (1 ea.)	2,950	60.00	0.00	0.00	0.00	0.00	15.00	14.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
UD 825008 - Fruit: Apple 138ct Whole 1/2 - LR100196 (1 Each, 138C)	126	62.21	0.20	0.04	(M)	0.00	1.20	16.52	2.87	(M)	0.31	0.14	7.18	64.60	5.50	102.36	0.23
Category: Milk; Choose: 1																	
826431 - MILK, Skim, Chocolate - AR1086 (1 Carton)	2,800	130.00	0.00	0.00	0.00	5.00	200.00	24.00	0.00	0.00	8.00	0.36	300.00	500.00	1.20	(M)	(M)
Strawberry nonfat milk - LR100016 (8 serving 8)	50	150.00	0.50	0.00	0.00	5.00	110.00	27.00	0.00	24.00	8.00	0.00	300.00	400.00	2.40	(M)	(M)
UD- MILK, 1% White 8oz : 6.1 - LR100226 (1 Carton)	50	103.00	2.38	1.54	0.00	12.25	107.80	12.23	0.00	12.00	8.26	0.07	306.25	480.19	0.00	220.30	1.84
UD- Milk, Skim 8 oz - LR100227 (1 Carton)	50	83.00	0.20	0.12	(M)	4.90	102.96	12.16	0.00	12.48	8.26	0.07	299.07	500.08	0.00	222.68	1.84
UD Elementary Breakfast 2018-2019 Wk5 Day 3 :63598 - Day: 3	3000																
Category: Entrees; Choose: 1																	
ud chocolate chip muffin loaf - LR100305 (2 oz.)	2,900	170.00	5.00	1.00	0.00	0.00	190.00	29.00	1.00	14.00	3.00	1.08	0.00	0.00	0.00	(M)	(M)
Category: Grains; Choose: 2																	
Bar, French Toast BeneFIT Bar, 2.5oz, J&J Snack Foods, 40404, 2.25 WG - SR106893 (1 Bar)	50	290.00	9.00	2.50	0.00	25.00	200.00	47.00	3.00	21.00	5.00	1.80	40.00	0.00	0.00	(M)	(M)
UD HS Graham crackers - LR100271 (1 pkg.)	2,900	60.00	1.50	0.00	0.00	0.00	60.00	11.00	1.00	3.00	1.00	0.36	60.00	0.00	0.00	0.00	0.00
Category: Fruits; Choose: 2																	

Menu Cycle Week – Nutrient Analysis

Menu Item (Serving Size)	Plan Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Sugars (g)	Pro (g)	Fe (mg)	Ca (mg)	A,IU	VitC (mg)	Mois (g)	Ash (g)
Apples, Slices, 2 oz. bags, Peterson Farms, 203102 - SR107959 (1 Bag)	2,800	30.00	0.00	0.00	0.00	0.00	0.00	7.00	1.00	6.00	0.00	0.00	20.00	0.00	12.00	(M)	(M)
Ardmore Farms Apple Juice - LR100117 (1 ea.)	200	60.00	0.00	0.00	0.00	0.00	15.00	14.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Category: Milk; Choose: 1																	
826431 - MILK, Skim, Chocolate - AR1086 (1 Carton)	2,700	130.00	0.00	0.00	0.00	5.00	200.00	24.00	0.00	0.00	8.00	0.36	300.00	500.00	1.20	(M)	(M)
Strawberry nonfat milk - LR100016 (8 serving 8)	50	150.00	0.50	0.00	0.00	5.00	110.00	27.00	0.00	24.00	8.00	0.00	300.00	400.00	2.40	(M)	(M)
UD- MILK, 1% White 8oz : 6.1 - LR100226 (1 Carton)	50	103.00	2.38	1.54	0.00	12.25	107.80	12.23	0.00	12.00	8.26	0.07	306.25	480.19	0.00	220.30	1.84
UD- Milk, Skim 8 oz - LR100227 (1 Carton)	50	83.00	0.20	0.12	(M)	4.90	102.96	12.16	0.00	12.48	8.26	0.07	299.07	500.08	0.00	222.68	1.84
Category: Condiments; Choose: 1																	
Phila-Cream Cheese Spread, Kraft 1oz serving - LR100320 (1 container)	0	70.00	7.00	4.00	0.00	20.00	115.00	1.00	0.00	1.00	1.00	0.11	33.32	309.40	0.00	18.00	0.45
UD Elementary Breakfast 2018-2019 Wk5 Day 4 :63598 - Day: 4	3330																
Category: Entrees; Choose: 1																	
ud chocolate chip muffin loaf - LR100305 (2 oz.)	100	170.00	5.00	1.00	0.00	0.00	190.00	29.00	1.00	14.00	3.00	1.08	0.00	0.00	0.00	(M)	(M)
Category: Grains; Choose: 1																	
Strudel, Apple Frudel K-12 Hot Breakfast, Pillsbury, General Mills, 127852000, WGR - SR100158 (1 frudel)	2,800	210.00	6.00	1.00	0.00	0.00	260.00	36.00	2.00	11.00	5.00	1.08	0.00	0.00	0.00	(M)	(M)
UD HS Graham crackers - LR100271 (1 pkg.)	100	60.00	1.50	0.00	0.00	0.00	60.00	11.00	1.00	3.00	1.00	0.36	60.00	0.00	0.00	0.00	0.00
Category: Fruits; Choose: 2																	
Ardmore Farms Apple Juice - LR100117 (1 ea.)	3,000	60.00	0.00	0.00	0.00	0.00	15.00	14.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
UD 825008 - Fruit: Apple 138ct Whole 1/2 - LR100196 (1 Each, 138C)	150	62.21	0.20	0.04	(M)	0.00	1.20	16.52	2.87	(M)	0.31	0.14	7.18	64.60	5.50	102.36	0.23
Category: Milk; Choose: 1																	

Menu Cycle Week – Nutrient Analysis

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Menu Item (Serving Size)	Plan Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Sugars (g)	Pro (g)	Fe (mg)	Ca (mg)	A,IU	VitC (mg)	Mois (g)	Ash (g)
826431 - MILK, Skim, Chocolate - AR1086 (1 Carton)	3,220	130.00	0.00	0.00	0.00	5.00	200.00	24.00	0.00	0.00	8.00	0.36	300.00	500.00	1.20	(M)	(M)
Strawberry nonfat milk - LR100016 (8 serving 8)	55	150.00	0.50	0.00	0.00	5.00	110.00	27.00	0.00	24.00	8.00	0.00	300.00	400.00	2.40	(M)	(M)
UD- MILK, 1% White 8oz : 6.1 - LR100226 (1 Carton)	25	103.00	2.38	1.54	0.00	12.25	107.80	12.23	0.00	12.00	8.26	0.07	306.25	480.19	0.00	220.30	1.84
UD- Milk, Skim 8 oz - LR100227 (1 Carton)	25	83.00	0.20	0.12	(M)	4.90	102.96	12.16	0.00	12.48	8.26	0.07	299.07	500.08	0.00	222.68	1.84
Category: Condiments; Choose: 1																	
Phila-Cream Cheese Spread, Kraft 1oz serving - LR100320 (1 container)	220	70.00	7.00	4.00	0.00	20.00	115.00	1.00	0.00	1.00	1.00	0.11	33.32	309.40	0.00	18.00	0.45
UD Elementary Breakfast 2018-2019 Wk5 Day 5 :63598 - Day: 5	3000																
Category: Grains; Choose: 1																	
Cookies, Cinnamon Graham Crackers, Keebler Bug Bites, Kellogg's, 210/1 oz., 55644, WGR - SR106517 (1 pkg.)	2,900	120.00	3.50	1.00	0.00	0.00	115.00	21.00	1.00	8.00	2.00	0.72	100.00	500.00	0.00	(M)	(M)
Strudel, Apple Frudel K-12 Hot Breakfast, Pillsbury, General Mills, 127852000, WGR - SR100158 (1 frudel)	100	210.00	6.00	1.00	0.00	0.00	260.00	36.00	2.00	11.00	5.00	1.08	0.00	0.00	0.00	(M)	(M)
Toaster Pastries, Pop-Tarts Frosted Brown Sugar Cinnamon 1.76, Kellogg's, 55125, WGR - AR1297 (1 toaster pa)	2,900	183.57	2.48	0.99	0.00	0.00	188.53	37.21	2.98	15.38	2.48	1.79	99.22	496.13	0.00	(M)	(M)
Category: Fruits; Choose: 2																	
Ardmore Farms Apple Juice - LR100117 (1 ea.)	0	60.00	0.00	0.00	0.00	0.00	15.00	14.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Orange Juice - LR100014 (4 oz.)	2,900	50.00	0.00	0.00	0.00	0.00	15.00	13.00	0.00	0.00	1.00	2.00	0.00	0.00	42.00	0.00	0.00
UD 825008 - Fruit: Apple 138ct Whole 1/2 - LR100196 (1 Each, 138C)	150	62.21	0.20	0.04	(M)	0.00	1.20	16.52	2.87	(M)	0.31	0.14	7.18	64.60	5.50	102.36	0.23
Category: Milk; Choose: 1																	
826431 - MILK, Skim, Chocolate - AR1086 (1 Carton)	2,800	130.00	0.00	0.00	0.00	5.00	200.00	24.00	0.00	0.00	8.00	0.36	300.00	500.00	1.20	(M)	(M)

Menu Cycle Week – Nutrient Analysis

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Menu Item (Serving Size)	Plan Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Sugars (g)	Pro (g)	Fe (mg)	Ca (mg)	A,IU	VitC (mg)	Mois (g)	Ash (g)
Strawberry nonfat milk - LR100016 (8 serving 8)	55	150.00	0.50	0.00	0.00	5.00	110.00	27.00	0.00	24.00	8.00	0.00	300.00	400.00	2.40	(M)	(M)
UD- MILK, 1% White 8oz : 6.1 - LR100226 (1 Carton)	50	103.00	2.38	1.54	0.00	12.25	107.80	12.23	0.00	12.00	8.26	0.07	306.25	480.19	0.00	220.30	1.84
UD- Milk, Skim 8 oz - LR100227 (1 Carton)	25	83.00	0.20	0.12	(M)	4.90	102.96	12.16	0.00	12.48	8.26	0.07	299.07	500.08	0.00	222.68	1.84

Menu Cycle Week – Nutrient Analysis

Generated on: 4/11/2019 11:19:53 AM by Kathleen McCullough

Menu Cycle: UD Elementary Breakfast WK4 2018-2019
 Week: 1
 Result: Pass

Meal Pattern: [USDA]Meal Pattern SY 2014+
 Meal Type: Breakfast
 Serving Group: K-5
 Site Group: Elementary School

Cycle Week Nutrient Summary			
Nutrient	Weekly Standard Value	Actual Value	% of Calories
Calories (Kcal)(1)	[350.00 - 500.00]	379.66	
Fat (g)		6.93	16.43
Sfat (g)(1)	< 10.00 % of Calories	1.95	4.62
TFat (g)(2)		0.00(M)	
Chol (mg)		13.83	
Sodium Target 1 (mg) (13)	< 540.00	391.63	
Sodium Target 2 (mg) (13)	< 485.00	391.63	
Carb (g)		67.48	71.09
TDF (g)		3.08	
Sugars (g)		16.27(M)	17.14
Pro (g)		12.96	13.66
Fe (mg)		1.56	
Ca (mg)		334.36	
A,IU		609.66	
VitC (mg)		3.63(M)	
Mois (g)		36.89(M)	
Ash (g)		0.30(M)	

Cycle Week Food Component Summary			
Food Component	Standard Value	Actual Value	% of Total
Fruit	>= 5.000	[5.000 - 5.500]	
Veg		0.000	
Veg-DG		0.000	
Veg-RO		0.000	
Veg-BP		0.000	
Veg-S		0.000	
Veg-O		0.000	
Grains	[7.000 - 10.000]	[8.250 - 9.750]	
Non-WGR		0.000	
WGR	>= 100.000 % of	14.250	100.00
Meat/MA		1.000	
MILK-F	>= 5.000	5.000	
Fruit-J	<= 50.000 % of	0.000	0.00
Grain-D		0.000	
Vegetable-J		0.000	
MILK-V		Pass	

Legend

PrimeroEdge will flag based on USDA requirements, but your State Agency may issue waivers to allow a Menu Cycle with at least 50% WGR Grains to pass, or for 1% flavored milk to be an acceptable variety. In such instances, as long as you have met the conditions of the waiver, your State Agency will consider you to be in compliance.

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- Standard Value is the daily average requirement for a school week.
- Trans Fat is provided for informational purposes, not for monitoring purposes.
- Sodium Target 2 will be marked in orange if exceeded prior to the effective date of July 1, 2020 and does not impact pass/fail compliance prior to that date.

Menu Cycle Week – Nutrient Analysis

Menu Item (Serving Size)	Plan Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Sugars (g)	Pro (g)	Fe (mg)	Ca (mg)	A,IU	VitC (mg)	Mois (g)	Ash (g)
UD Elementary Breakfast 2018-2019 WK4 Day 1:46777 :63597 - Day: 1	3000																
Category: Grains; Choose: 2																	
831157-Bar, Butterscotch Oatmeal, 1.24 oz, Betty Crocker. General Mills, 16000-45976, WGR - AR1438 (1 Bar)	2,900	150.00	5.00	1.50	0.00	20.00	120.00	23.00	2.00	8.00	2.00	0.72	0.00	0.00	0.00	(M)	(M)
UD HS Graham crackers - LR100271 (1 pkg.)	2,900	60.00	1.50	0.00	0.00	0.00	60.00	11.00	1.00	3.00	1.00	0.36	60.00	0.00	0.00	0.00	0.00
Category: Fruits; Choose: 2																	
Ardmore Farms Apple Juice - LR100117 (1 ea.)	2,000	60.00	0.00	0.00	0.00	0.00	15.00	14.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
UD 825008 - Fruit: Apple 138ct Whole 1/2 - LR100196 (1 Each, 138C)	500	62.21	0.20	0.04	(M)	0.00	1.20	16.52	2.87	(M)	0.31	0.14	7.18	64.60	5.50	102.36	0.23
Category: Milk; Choose: 1																	
826431 - MILK, Skim, Chocolate - AR1086 (1 Carton)	2,000	130.00	0.00	0.00	0.00	5.00	200.00	24.00	0.00	0.00	8.00	0.36	300.00	500.00	1.20	(M)	(M)
Strawberry non fat milk - LR100073 (1 Carton)	500	150.00	0.50	0.00	0.00	5.00	110.00	27.00	0.00	24.00	8.00	0.00	300.00	400.00	2.40	(M)	(M)
UD- MILK, 1% White 8oz : 6.1 - LR100226 (1 Carton)	150	103.00	2.38	1.54	0.00	12.25	107.80	12.23	0.00	12.00	8.26	0.07	306.25	480.19	0.00	220.30	1.84
UD- Milk, Skim 8 oz - LR100227 (1 Carton)	150	83.00	0.20	0.12	(M)	4.90	102.96	12.16	0.00	12.48	8.26	0.07	299.07	500.08	0.00	222.68	1.84
UD Elementary Breakfast 2018-2019 WK4 Day 2 :63597 - Day: 2	3000																
Category: Grains; Choose: 2																	
831157-Bar, Butterscotch Oatmeal, 1.24 oz, Betty Crocker. General Mills, 16000-45976, WGR - AR1438 (1 Bar)	100	150.00	5.00	1.50	0.00	20.00	120.00	23.00	2.00	8.00	2.00	0.72	0.00	0.00	0.00	(M)	(M)
Crescent Roll Filled with Chocolate-Pillsbury-149979000 - SR109270 (1 pkg.)	2,900	230.00	8.00	1.50	0.00	0.00	270.00	37.00	2.00	10.00	6.00	1.44	20.00	0.00	0.00	(M)	(M)
UD HS Graham crackers - LR100271 (1 pkg.)	100	60.00	1.50	0.00	0.00	0.00	60.00	11.00	1.00	3.00	1.00	0.36	60.00	0.00	0.00	0.00	0.00
Category: Fruits; Choose: 2																	

Menu Cycle Week – Nutrient Analysis

Menu Item (Serving Size)	Plan Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Sugars (g)	Pro (g)	Fe (mg)	Ca (mg)	A,IU	VitC (mg)	Mois (g)	Ash (g)
Ardmore Farms Apple Juice - LR100117 (1 ea.)	2,000	60.00	0.00	0.00	0.00	0.00	15.00	14.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
UD 825008 - Fruit: Apple 138ct Whole 1/2 - LR100196 (1 Each, 138C)	600	62.21	0.20	0.04	(M)	0.00	1.20	16.52	2.87	(M)	0.31	0.14	7.18	64.60	5.50	102.36	0.23
Category: Milk; Choose: 1																	
826431 - MILK, Skim, Chocolate - AR1086 (1 Carton)	2,000	130.00	0.00	0.00	0.00	5.00	200.00	24.00	0.00	0.00	8.00	0.36	300.00	500.00	1.20	(M)	(M)
Strawberry nonfat milk - LR100016 (8 serving 8)	500	150.00	0.50	0.00	0.00	5.00	110.00	27.00	0.00	24.00	8.00	0.00	300.00	400.00	2.40	(M)	(M)
UD- MILK, 1% White 8oz : 6.1 - LR100226 (1 Carton)	150	103.00	2.38	1.54	0.00	12.25	107.80	12.23	0.00	12.00	8.26	0.07	306.25	480.19	0.00	220.30	1.84
UD- Milk, Skim 8 oz - LR100227 (1 Carton)	150	83.00	0.20	0.12	(M)	4.90	102.96	12.16	0.00	12.48	8.26	0.07	299.07	500.08	0.00	222.68	1.84
UD Elementary Breakfast 2018-2019 WK4 Day 3 :63597 - Day: 3	3000																
Category: Grains; Choose: 1																	
Bagel, White Whole Grain, 2 oz, Lender's Bagels, 00074, WG - SR104277 (1 bagel)	2,900	140.00	1.00	0.00	0.00	0.00	180.00	29.00	4.00	5.00	6.00	1.80	40.00	0.00	0.00	(M)	(M)
Crescent Roll Filled with Chocolate-Pillsbury-149979000 - SR109270 (1 pkg.)	100	230.00	8.00	1.50	0.00	0.00	270.00	37.00	2.00	10.00	6.00	1.44	20.00	0.00	0.00	(M)	(M)
Category: Fruits; Choose: 2																	
Apples, Slices, 2 oz. bags, Peterson Farms, 203102 - SR107959 (1 Bag)	2,000	30.00	0.00	0.00	0.00	0.00	0.00	7.00	1.00	6.00	0.00	0.00	20.00	0.00	12.00	(M)	(M)
Ardmore Farms Apple Juice - LR100117 (1 ea.)	500	60.00	0.00	0.00	0.00	0.00	15.00	14.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Category: Milk; Choose: 1																	
826431 - MILK, Skim, Chocolate - AR1086 (1 Carton)	2,000	130.00	0.00	0.00	0.00	5.00	200.00	24.00	0.00	0.00	8.00	0.36	300.00	500.00	1.20	(M)	(M)
Strawberry nonfat milk - LR100016 (8 serving 8)	500	150.00	0.50	0.00	0.00	5.00	110.00	27.00	0.00	24.00	8.00	0.00	300.00	400.00	2.40	(M)	(M)
UD- MILK, 1% White 8oz : 6.1 - LR100226 (1 Carton)	120	103.00	2.38	1.54	0.00	12.25	107.80	12.23	0.00	12.00	8.26	0.07	306.25	480.19	0.00	220.30	1.84
UD- Milk, Skim 8 oz - LR100227 (1 Carton)	125	83.00	0.20	0.12	(M)	4.90	102.96	12.16	0.00	12.48	8.26	0.07	299.07	500.08	0.00	222.68	1.84

Menu Cycle Week – Nutrient Analysis

Menu Item (Serving Size)	Plan Qty	Calorie s (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Sugars (g)	Pro (g)	Fe (mg)	Ca (mg)	A,IU	VitC (mg)	Mois (g)	Ash (g)
Category: Condiments; Choose: 1																	
Phila-Cream Cheese Spread, Kraft 1oz serving - LR100320 (1 container)	2,900	70.00	7.00	4.00	0.00	20.00	115.00	1.00	0.00	1.00	1.00	0.11	33.32	309.40	0.00	18.00	0.45
UD Elementary Breakfast 2018-2019 WK4 Day 4 :63597 - Day: 4																	
Category: Grains; Choose: 1																	
Bagel, White Whole Grain, 2 oz, Lender's Bagels, 00074, WG - SR104277 (1 bagel)	50	140.00	1.00	0.00	0.00	0.00	180.00	29.00	4.00	5.00	6.00	1.80	40.00	0.00	0.00	(M)	(M)
Crescent Roll Filled with Chocolate-Pillsbury-149979000 - SR109270 (1 pkg.)	2,900	230.00	8.00	1.50	0.00	0.00	270.00	37.00	2.00	10.00	6.00	1.44	20.00	0.00	0.00	(M)	(M)
Category: Fruits; Choose: 2																	
Ardmore Farms Apple Juice - LR100117 (1 ea.)	2,000	60.00	0.00	0.00	0.00	0.00	15.00	14.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
UD 825008 - Fruit: Apple 138ct Whole 1/2 - LR100196 (1 Each, 138C)	150	62.21	0.20	0.04	(M)	0.00	1.20	16.52	2.87	(M)	0.31	0.14	7.18	64.60	5.50	102.36	0.23
UD 825009 BANANAS, FRESH Petite 150ct - LR100230 (1 150ct, Raw)	400	68.88	0.26	0.09	(M)	0.00	0.77	17.68	2.01	(M)	0.84	0.20	3.87	49.53	6.73	57.97	0.64
Category: Milk; Choose: 1																	
826431 - MILK, Skim, Chocolate - AR1086 (1 Carton)	2,000	130.00	0.00	0.00	0.00	5.00	200.00	24.00	0.00	0.00	8.00	0.36	300.00	500.00	1.20	(M)	(M)
Strawberry nonfat milk - LR100016 (8 serving 8)	500	150.00	0.50	0.00	0.00	5.00	110.00	27.00	0.00	24.00	8.00	0.00	300.00	400.00	2.40	(M)	(M)
UD- MILK, 1% White 8oz : 6.1 - LR100226 (1 Carton)	125	103.00	2.38	1.54	0.00	12.25	107.80	12.23	0.00	12.00	8.26	0.07	306.25	480.19	0.00	220.30	1.84
UD- Milk, Skim 8 oz - LR100227 (1 Carton)	125	83.00	0.20	0.12	(M)	4.90	102.96	12.16	0.00	12.48	8.26	0.07	299.07	500.08	0.00	222.68	1.84
Category: Condiments; Choose: 1																	
Phila-Cream Cheese Spread, Kraft 1oz serving - LR100320 (1 container)	50	70.00	7.00	4.00	0.00	20.00	115.00	1.00	0.00	1.00	1.00	0.11	33.32	309.40	0.00	18.00	0.45
UD Elementary Breakfast 2018-2019 WK4 Day 5 :63597 - Day: 5																	

Menu Cycle Week – Nutrient Analysis

Menu Item (Serving Size)	Plan Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Sugars (g)	Pro (g)	Fe (mg)	Ca (mg)	A,IU	VitC (mg)	Mois (g)	Ash (g)
Category: Entrees; Choose: 1																	
Yogurt, Trix Strawberry Banana Bash, 48/4 oz, Yoplait, General Mills Inc, 70470-17726, MMA - SR100315 (1 container)	2,900	80.00	0.50	0.00	0.00	5.00	60.00	15.00	0.00	9.00	4.00	0.00	100.00	500.00	(M)	(M)	(M)
Category: Grains; Choose: 2																	
UD Chex mix yogurt - LR100295 (1 ea.)	2,900	120.00	3.00	1.00	0.00	0.00	55.00	23.00	2.00	6.00	2.00	0.72	0.00	0.00	0.00	(M)	(M)
Category: Fruits; Choose: 2																	
Ardmore Farms Apple Juice - LR100117 (1 ea.)	2,000	60.00	0.00	0.00	0.00	0.00	15.00	14.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
UD 825008 - Fruit: Apple 138ct Whole 1/2 - LR100196 (1 Each, 138C)	500	62.21	0.20	0.04	(M)	0.00	1.20	16.52	2.87	(M)	0.31	0.14	7.18	64.60	5.50	102.36	0.23
Category: Milk; Choose: 1																	
826431 - MILK, Skim, Chocolate - AR1086 (1 Carton)	1,900	130.00	0.00	0.00	0.00	5.00	200.00	24.00	0.00	0.00	8.00	0.36	300.00	500.00	1.20	(M)	(M)
Strawberry nonfat milk - LR100016 (8 serving 8)	600	150.00	0.50	0.00	0.00	5.00	110.00	27.00	0.00	24.00	8.00	0.00	300.00	400.00	2.40	(M)	(M)
UD- MILK, 1% White 8oz : 6.1 - LR100226 (1 Carton)	125	103.00	2.38	1.54	0.00	12.25	107.80	12.23	0.00	12.00	8.26	0.07	306.25	480.19	0.00	220.30	1.84
UD- Milk, Skim 8 oz - LR100227 (1 Carton)	125	83.00	0.20	0.12	(M)	4.90	102.96	12.16	0.00	12.48	8.26	0.07	299.07	500.08	0.00	222.68	1.84

Menu Cycle Week – Nutrient Analysis

Generated on: 4/11/2019 11:17:17 AM by Kathleen McCullough

Menu Cycle: UD Elementary Breakfast WK3 2018-2019
 Week: 1
 Result: **Exceeded**

Meal Pattern: [USDA]Meal Pattern SY 2014+
 Meal Type: Breakfast
 Serving Group: K-5
 Site Group: Elementary School

Cycle Week Nutrient Summary			
Nutrient	Weekly Standard Value	Actual Value	% of Calories
Calories (Kcal)(1)	[350.00 - 500.00]	418.60	
Fat (g)		6.71	14.43
Sfat (g)(1)	< 10.00 % of Calories	1.48	3.18
TFat (g)(2)		0.00(M)	
Chol (mg)		6.05	
Sodium Target 1 (mg) (13)	< 540.00	394.93	
Sodium Target 2 (mg) (13)	< 485.00	394.93	
Carb (g)		78.43	74.95
TDF (g)		3.79	
Sugars (g)		23.03(M)	22.01
Pro (g)		11.82	11.30
Fe (mg)		1.93	
Ca (mg)		409.80	
A,IU		912.36	
VitC (mg)		5.06(M)	
Mois (g)		37.79(M)	
Ash (g)		0.21(M)	

Cycle Week Food Component Summary			
Food Component	Standard Value	Actual Value	% of Total
Fruit	>= 5.000	5.000	
Veg		0.000	
Veg-DG		0.000	
Veg-RO		0.000	
Veg-BP		0.000	
Veg-S		0.000	
Veg-O		0.000	
Grains	[7.000 - 10.000]	[8.250 - 11.000](a)	
Non-WGR		0.000	
WGR	>= 100.000 % of	15.500	100.00
Meat/MA		[1.000 - 2.000]	
MILK-F	>= 5.000	5.000	
Fruit-J	<= 50.000 % of	0.500	10.00
Grain-D		0.000	
Vegetable-J		0.000	
MILK-V		Pass	

Legend

PrimeroEdge will flag based on USDA requirements, but your State Agency may issue waivers to allow a Menu Cycle with at least 50% WGR Grains to pass, or for 1% flavored milk to be an acceptable variety. In such instances, as long as you have met the conditions of the waiver, your State Agency will consider you to be in compliance.

(M) Indicates missing nutrient values.

- 1 Standard Value is the daily average requirement for a school week.
- 2 Trans Fat is provided for informational purposes, not for monitoring purposes.
- 3 Sodium Target 2 will be marked in orange if exceeded prior to the effective date of July 1, 2020 and does not impact pass/fail compliance prior to that date.
- a USDA is offering flexibility by allowing SFAs to exceed the maximum amount of grains and meat/meat meal alternates as long as the daily and weekly minimums for these components are met and the calories are within the required range.

Menu Cycle Week – Nutrient Analysis

Menu Item (Serving Size)	Plan Qty	Calorie s (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Sugars (g)	Pro (g)	Fe (mg)	Ca (mg)	A,IU	VitC (mg)	Mois (g)	Ash (g)
UD Elementary Breakfast 2018-2019 WK3 Day 1 :63596 - Day: 1	3000																
Category: Grains; Choose: 2																	
Bar, Chocolate Chip Oatmeal, 1.24 oz, Betty Crocker, General Mills, 16000-45977, WG - SR106343 (1 Bar)	2,900	150.00	5.00	1.00	0.00	0.00	105.00	24.00	2.00	8.00	2.00	0.72	0.00	0.00	0.00	(M)	(M)
Toaster Pastries, Pop-Tarts Frosted Brown Sugar Cinnamon 1.76, Kellogg's, 55125, WGR - AR1297 (1 toaster pa)	100	183.57	2.48	0.99	0.00	0.00	188.53	37.21	2.98	15.38	2.48	1.79	99.22	496.13	0.00	(M)	(M)
UD HS Graham crackers - LR100271 (1 pkg.)	3,000	60.00	1.50	0.00	0.00	0.00	60.00	11.00	1.00	3.00	1.00	0.36	60.00	0.00	0.00	0.00	0.00
Category: Fruits; Choose: 2																	
Ardmore Farms Apple Juice - LR100117 (1 ea.)	2,000	60.00	0.00	0.00	0.00	0.00	15.00	14.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Orange Juice - LR100014 (4 oz.)	500	50.00	0.00	0.00	0.00	0.00	15.00	13.00	0.00	0.00	1.00	2.00	0.00	0.00	42.00	0.00	0.00
UD 825008 - Fruit: Apple 138ct Whole 1/2 - LR100196 (1 Each, 138C)	550	62.21	0.20	0.04	(M)	0.00	1.20	16.52	2.87	(M)	0.31	0.14	7.18	64.60	5.50	102.36	0.23
Category: Milk; Choose: 1																	
826431 - MILK, Skim, Chocolate - AR1086 (1 Carton)	2,600	130.00	0.00	0.00	0.00	5.00	200.00	24.00	0.00	0.00	8.00	0.36	300.00	500.00	1.20	(M)	(M)
Strawberry non fat milk - LR100073 (1 Carton)	150	150.00	0.50	0.00	0.00	5.00	110.00	27.00	0.00	24.00	8.00	0.00	300.00	400.00	2.40	(M)	(M)
UD- MILK, 1% White 8oz : 6.1 - LR100226 (1 Carton)	100	103.00	2.38	1.54	0.00	12.25	107.80	12.23	0.00	12.00	8.26	0.07	306.25	480.19	0.00	220.30	1.84
UD- Milk, Skim 8 oz - LR100227 (1 Carton)	100	83.00	0.20	0.12	(M)	4.90	102.96	12.16	0.00	12.48	8.26	0.07	299.07	500.08	0.00	222.68	1.84
UD Elementary Breakfast 2018-2019 WK3 Day 2 :63596 - Day: 2	3000																
Category: Grains; Choose: 1																	
Bar, Chocolate Chip Oatmeal, 1.24 oz, Betty Crocker, General Mills, 16000-45977, WG - SR106343 (1 Bar)	100	150.00	5.00	1.00	0.00	0.00	105.00	24.00	2.00	8.00	2.00	0.72	0.00	0.00	0.00	(M)	(M)

Menu Cycle Week – Nutrient Analysis

Menu Item (Serving Size)	Plan Qty	Calorie s (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Sugars (g)	Pro (g)	Fe (mg)	Ca (mg)	A,IU	VitC (mg)	Mois (g)	Ash (g)
Bar, Nutri-Grain Cereal Bar Strawberry for Schools, 96/1.55oz, Kellogg's 59772 , WGR - SR106329 (1 Bar)	2,900	160.00	4.00	0.50	0.00	0.00	150.00	30.00	3.00	14.00	2.00	1.80	200.00	750.00	0.00	(M)	(M)
Oatmeal Bites S'mores - LR100317 (1 1/4 oz.)	2,900	150.00	6.00	1.50	0.00	0.00	125.00	24.00	2.00	9.00	2.00	0.36	0.00	0.00	0.00	(M)	(M)
UD HS Graham crackers - LR100271 (1 pkg.)	100	60.00	1.50	0.00	0.00	0.00	60.00	11.00	1.00	3.00	1.00	0.36	60.00	0.00	0.00	0.00	0.00
Category: Fruits; Choose: 2																	
Ardmore Farms Apple Juice - LR100117 (1 ea.)	2,000	60.00	0.00	0.00	0.00	0.00	15.00	14.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
UD 825008 - Fruit: Apple 138ct Whole 1/2 - LR100196 (1 Each, 138C)	500	62.21	0.20	0.04	(M)	0.00	1.20	16.52	2.87	(M)	0.31	0.14	7.18	64.60	5.50	102.36	0.23
Category: Milk; Choose: 1																	
826431 - MILK, Skim, Chocolate - AR1086 (1 Carton)	2,000	130.00	0.00	0.00	0.00	5.00	200.00	24.00	0.00	0.00	8.00	0.36	300.00	500.00	1.20	(M)	(M)
Strawberry nonfat milk - LR100016 (8 serving 8)	400	150.00	0.50	0.00	0.00	5.00	110.00	27.00	0.00	24.00	8.00	0.00	300.00	400.00	2.40	(M)	(M)
UD- MILK, 1% White 8oz : 6.1 - LR100226 (1 Carton)	200	103.00	2.38	1.54	0.00	12.25	107.80	12.23	0.00	12.00	8.26	0.07	306.25	480.19	0.00	220.30	1.84
UD- Milk, Skim 8 oz - LR100227 (1 Carton)	200	83.00	0.20	0.12	(M)	4.90	102.96	12.16	0.00	12.48	8.26	0.07	299.07	500.08	0.00	222.68	1.84
UD Elementary Breakfast 2018-2019 WK3 Day 3 :63596 - Day: 3	3000																
Category: Entrees; Choose: 1																	
ud chocolate chip muffin loaf - LR100305 (2 oz.)	2,900	170.00	5.00	1.00	0.00	0.00	190.00	29.00	1.00	14.00	3.00	1.08	0.00	0.00	0.00	(M)	(M)
Category: Grains; Choose: 2																	
Bar, Nutri-Grain Cereal Bar Strawberry for Schools, 96/1.55oz, Kellogg's 59772 , WGR - SR106329 (1 Bar)	100	160.00	4.00	0.50	0.00	0.00	150.00	30.00	3.00	14.00	2.00	1.80	200.00	750.00	0.00	(M)	(M)
Oatmeal Bites S'mores - LR100317 (1 1/4 oz.)	100	150.00	6.00	1.50	0.00	0.00	125.00	24.00	2.00	9.00	2.00	0.36	0.00	0.00	0.00	(M)	(M)
UD HS Graham crackers - LR100271 (1 pkg.)	2,900	60.00	1.50	0.00	0.00	0.00	60.00	11.00	1.00	3.00	1.00	0.36	60.00	0.00	0.00	0.00	0.00
Category: Fruits; Choose: 2																	

Menu Cycle Week – Nutrient Analysis

Menu Item (Serving Size)	Plan Qty	Calorie s (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Sugars (g)	Pro (g)	Fe (mg)	Ca (mg)	A,IU	VitC (mg)	Mois (g)	Ash (g)
Apples, Slices, 2 oz. bags, Peterson Farms, 203102 - SR107959 (1 Bag)	2,000	30.00	0.00	0.00	0.00	0.00	0.00	7.00	1.00	6.00	0.00	0.00	20.00	0.00	12.00	(M)	(M)
UD 825008 - Fruit: Apple 138ct Whole 1/2 - LR100196 (1 Each, 138C)	500	62.21	0.20	0.04	(M)	0.00	1.20	16.52	2.87	(M)	0.31	0.14	7.18	64.60	5.50	102.36	0.23
Category: Milk; Choose: 1																	
826431 - MILK, Skim, Chocolate - AR1086 (1 Carton)	2,000	130.00	0.00	0.00	0.00	5.00	200.00	24.00	0.00	0.00	8.00	0.36	300.00	500.00	1.20	(M)	(M)
Strawberry nonfat milk - LR100016 (8 serving 8)	500	150.00	0.50	0.00	0.00	5.00	110.00	27.00	0.00	24.00	8.00	0.00	300.00	400.00	2.40	(M)	(M)
UD- MILK, 1% White 8oz : 6.1 - LR100226 (1 Carton)	125	103.00	2.38	1.54	0.00	12.25	107.80	12.23	0.00	12.00	8.26	0.07	306.25	480.19	0.00	220.30	1.84
UD- Milk, Skim 8 oz - LR100227 (1 Carton)	125	83.00	0.20	0.12	(M)	4.90	102.96	12.16	0.00	12.48	8.26	0.07	299.07	500.08	0.00	222.68	1.84
UD Elementary Breakfast 2018-2019 WK3 Day 4 :63596 - Day: 4	3000																
Category: Entrees; Choose: 1																	
ud chocolate chip muffin loaf - LR100305 (2 oz.)	100	170.00	5.00	1.00	0.00	0.00	190.00	29.00	1.00	14.00	3.00	1.08	0.00	0.00	0.00	(M)	(M)
Yogurt, Trix Strawberry Banana Bash, 48/4 oz, Yoplait, General Mills Inc, 70470-17726, MMA - SR100315 (1 container)	2,900	80.00	0.50	0.00	0.00	5.00	60.00	15.00	0.00	9.00	4.00	0.00	100.00	500.00	(M)	(M)	(M)
Category: Grains; Choose: 2																	
UD Chex mix yogurt - LR100295 (1 ea.)	2,900	120.00	3.00	1.00	0.00	0.00	55.00	23.00	2.00	6.00	2.00	0.72	0.00	0.00	0.00	(M)	(M)
UD HS Graham crackers - LR100271 (1 pkg.)	100	60.00	1.50	0.00	0.00	0.00	60.00	11.00	1.00	3.00	1.00	0.36	60.00	0.00	0.00	0.00	0.00
Category: Fruits; Choose: 2																	
Ardmore Farms Apple Juice - LR100117 (1 ea.)	2,000	60.00	0.00	0.00	0.00	0.00	15.00	14.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
UD 825008 - Fruit: Apple 138ct Whole 1/2 - LR100196 (1 Each, 138C)	250	62.21	0.20	0.04	(M)	0.00	1.20	16.52	2.87	(M)	0.31	0.14	7.18	64.60	5.50	102.36	0.23
Category: Milk; Choose: 1																	
826431 - MILK, Skim, Chocolate - AR1086 (1 Carton)	2,000	130.00	0.00	0.00	0.00	5.00	200.00	24.00	0.00	0.00	8.00	0.36	300.00	500.00	1.20	(M)	(M)

Menu Cycle Week – Nutrient Analysis

Menu Item (Serving Size)	Plan Qty	Calorie s (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Sugars (g)	Pro (g)	Fe (mg)	Ca (mg)	A,IU	VitC (mg)	Mois (g)	Ash (g)
Strawberry nonfat milk - LR100016 (8 serving 8)	500	150.00	0.50	0.00	0.00	5.00	110.00	27.00	0.00	24.00	8.00	0.00	300.00	400.00	2.40	(M)	(M)
UD- MILK, 1% White 8oz : 6.1 - LR100226 (1 Carton)	150	103.00	2.38	1.54	0.00	12.25	107.80	12.23	0.00	12.00	8.26	0.07	306.25	480.19	0.00	220.30	1.84
UD- Milk, Skim 8 oz - LR100227 (1 Carton)	150	83.00	0.20	0.12	(M)	4.90	102.96	12.16	0.00	12.48	8.26	0.07	299.07	500.08	0.00	222.68	1.84
UD Elementary Breakfast 2018-2019 WK3 Day 5 :63596 - Day: 5	3000																
Category: Entrees; Choose: 1																	
Yogurt, Trix Strawberry Banana Bash, 48/4 oz, Yoplait, General Mills Inc, 70470-17726, MMA - SR100315 (1 container)	100	80.00	0.50	0.00	0.00	5.00	60.00	15.00	0.00	9.00	4.00	0.00	100.00	500.00	(M)	(M)	(M)
Category: Grains; Choose: 2																	
Cookies, Cinnamon Graham Crackers, Keebler Bug Bites, Kellogg's, 210/1 oz., 55644, WGR - SR106517 (1 pkg.)	2,900	120.00	3.50	1.00	0.00	0.00	115.00	21.00	1.00	8.00	2.00	0.72	100.00	500.00	0.00	(M)	(M)
Pastry, Pop-Tarts Frosted Strawberry Made With Whole Grain, 1.76 oz./12/10, Kellogg's, 38000-55130, WGR - SR106318 (1 pastry)	2,900	180.00	2.50	1.00	0.00	0.00	180.00	38.00	3.00	15.00	2.00	1.80	100.00	500.00	0.00	(M)	(M)
UD Chex mix yogurt - LR100295 (1 ea.)	100	120.00	3.00	1.00	0.00	0.00	55.00	23.00	2.00	6.00	2.00	0.72	0.00	0.00	0.00	(M)	(M)
Category: Fruits; Choose: 2																	
Ardmore Farms Apple Juice - LR100117 (1 ea.)	2,000	60.00	0.00	0.00	0.00	0.00	15.00	14.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
UD 825008 - Fruit: Apple 138ct Whole 1/2 - LR100196 (1 Each, 138C)	600	62.21	0.20	0.04	(M)	0.00	1.20	16.52	2.87	(M)	0.31	0.14	7.18	64.60	5.50	102.36	0.23
Category: Milk; Choose: 1																	
826431 - MILK, Skim, Chocolate - AR1086 (1 Carton)	2,000	130.00	0.00	0.00	0.00	5.00	200.00	24.00	0.00	0.00	8.00	0.36	300.00	500.00	1.20	(M)	(M)
Strawberry nonfat milk - LR100016 (8 serving 8)	500	150.00	0.50	0.00	0.00	5.00	110.00	27.00	0.00	24.00	8.00	0.00	300.00	400.00	2.40	(M)	(M)
UD- MILK, 1% White 8oz : 6.1 - LR100226 (1 Carton)	150	103.00	2.38	1.54	0.00	12.25	107.80	12.23	0.00	12.00	8.26	0.07	306.25	480.19	0.00	220.30	1.84

Menu Cycle Week – Nutrient Analysis

Generated on: 4/11/2019 11:17:17 AM by Kathleen McCullough

Menu Item (Serving Size)	Plan Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Sugars (g)	Pro (g)	Fe (mg)	Ca (mg)	A,IU	VitC (mg)	Mois (g)	Ash (g)
UD- Milk, Skim 8 oz - LR100227 (1 Carton)	150	83.00	0.20	0.12	(M)	4.90	102.96	12.16	0.00	12.48	8.26	0.07	299.07	500.08	0.00	222.68	1.84

Menu Cycle Week – Nutrient Analysis

Generated on: 4/11/2019 11:14:58 AM by Kathleen McCullough

Menu Cycle: UD Elementary Breakfast WK2 2018-2019
 Week: 1
 Result: **Exceeded**

Meal Pattern: [USDA]Meal Pattern SY 2014+
 Meal Type: Breakfast
 Serving Group: K-5
 Site Group: Elementary School

Cycle Week Nutrient Summary			
Nutrient	Weekly Standard Value	Actual Value	% of Calories
Calories (Kcal)(1)	[350.00 - 500.00]	417.57	
Fat (g)		7.34	15.82
Sfat (g)(1)	< 10.00 % of Calories	2.42	5.22
TFat (g)(2)		0.00(M)	
Chol (mg)		14.93	
Sodium Target 1 (mg) (13)	< 540.00	482.85	
Sodium Target 2 (mg) (13)	< 485.00	482.85	
Carb (g)		74.19	71.07
TDF (g)		3.20	
Sugars (g)		14.14(M)	13.55
Pro (g)		14.01	13.42
Fe (mg)		2.56	
Ca (mg)		402.65	
A,IU		836.91	
VitC (mg)		17.74	
Mois (g)		15.29(M)	
Ash (g)		0.16(M)	

Cycle Week Food Component Summary			
Food Component	Standard Value	Actual Value	% of Total
Fruit	>= 5.000	5.500	
Veg		0.000	
Veg-DG		0.000	
Veg-RO		0.000	
Veg-BP		0.000	
Veg-S		0.000	
Veg-O		0.000	
Grains	[7.000 - 10.000]	[10.000 - 12.000](a)	
Non-WGR		0.000	
WGR	>= 100.000 % of	16.000	100.00
Meat/MA		2.000	
MILK-F	>= 5.000	5.000	
Fruit-J	<= 50.000 % of	1.000	18.18
Grain-D		0.000	
Vegetable-J		0.000	
MILK-V		Pass	

Legend

PrimeroEdge will flag based on USDA requirements, but your State Agency may issue waivers to allow a Menu Cycle with at least 50% WGR Grains to pass, or for 1% flavored milk to be an acceptable variety. In such instances, as long as you have met the conditions of the waiver, your State Agency will consider you to be in compliance.

(M) Indicates missing nutrient values.

- 1 Standard Value is the daily average requirement for a school week.
- 2 Trans Fat is provided for informational purposes, not for monitoring purposes.
- 3 Sodium Target 2 will be marked in orange if exceeded prior to the effective date of July 1, 2020 and does not impact pass/fail compliance prior to that date.
- a USDA is offering flexibility by allowing SFAs to exceed the maximum amount of grains and meat/meat meal alternates as long as the daily and weekly minimums for these components are met and the calories are within the required range.

Menu Cycle Week – Nutrient Analysis

Menu Item (Serving Size)	Plan Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Sugars (g)	Pro (g)	Fe (mg)	Ca (mg)	A,IU	VitC (mg)	Mois (g)	Ash (g)
UD Elementary Breakfast 2018-2019 WK2 Day 1 :63595 - Day: 1	3000																
Category: Grains; Choose: 2																	
831157-Bar, Butterscotch Oatmeal, 1.24 oz, Betty Crocker. General Mills, 16000-45976, WGR - AR1438 (1 Bar)	2,800	150.00	5.00	1.50	0.00	20.00	120.00	23.00	2.00	8.00	2.00	0.72	0.00	0.00	0.00	(M)	(M)
Pastry, Pop-Tarts Frosted Strawberry Made With Whole Grain, 1.76 oz./12/10, Kellogg's, 38000-55130, WGR - SR106318 (1 pastry)	200	180.00	2.50	1.00	0.00	0.00	180.00	38.00	3.00	15.00	2.00	1.80	100.00	500.00	0.00	(M)	(M)
UD HS Graham crackers - LR100271 (1 pkg.)	3,000	60.00	1.50	0.00	0.00	0.00	60.00	11.00	1.00	3.00	1.00	0.36	60.00	0.00	0.00	0.00	0.00
Category: Fruits; Choose: 2																	
Ardmore Farms Apple Juice - LR100117 (1 ea.)	0	60.00	0.00	0.00	0.00	0.00	15.00	14.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Orange Juice - LR100014 (4 oz.)	3,000	50.00	0.00	0.00	0.00	0.00	15.00	13.00	0.00	0.00	1.00	2.00	0.00	0.00	42.00	0.00	0.00
UD 825008 - Fruit: Apple 138ct Whole 1/2 - LR100196 (1 Each, 138C)	125	62.21	0.20	0.04	(M)	0.00	1.20	16.52	2.87	(M)	0.31	0.14	7.18	64.60	5.50	102.36	0.23
Category: Milk; Choose: 1																	
826431 - MILK, Skim, Chocolate - AR1086 (1 Carton)	2,800	130.00	0.00	0.00	0.00	5.00	200.00	24.00	0.00	0.00	8.00	0.36	300.00	500.00	1.20	(M)	(M)
Strawberry non fat milk - LR100073 (1 Carton)	50	150.00	0.50	0.00	0.00	5.00	110.00	27.00	0.00	24.00	8.00	0.00	300.00	400.00	2.40	(M)	(M)
UD- MILK, 1% White 8oz : 6.1 - LR100226 (1 Carton)	50	103.00	2.38	1.54	0.00	12.25	107.80	12.23	0.00	12.00	8.26	0.07	306.25	480.19	0.00	220.30	1.84
UD- Milk, Skim 8 oz - LR100227 (1 Carton)	50	83.00	0.20	0.12	(M)	4.90	102.96	12.16	0.00	12.48	8.26	0.07	299.07	500.08	0.00	222.68	1.84
UD Elementary Breakfast 2018-2019 WK2 Day 2 :63595 - Day: 2	3000																
Category: Entrees; Choose: 1																	
Cheese, Light Mozzarella String Cheese, 1.0 oz, Land O'Lakes, 59703, MMA - SR101672 (1 oz.)	2,900	60.75	3.04	2.02	0.00	10.13	202.50	1.01	0.00	1.01	7.09	0.00	151.88	405.00	0.00	(M)	(M)
Category: Grains; Choose: 2																	

Menu Cycle Week – Nutrient Analysis

Menu Item (Serving Size)	Plan Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Sugars (g)	Pro (g)	Fe (mg)	Ca (mg)	A,IU	VitC (mg)	Mois (g)	Ash (g)
831157-Bar, Butterscotch Oatmeal, 1.24 oz, Betty Crocker. General Mills, 16000-45976, WGR - AR1438 (1 Bar)	100	150.00	5.00	1.50	0.00	20.00	120.00	23.00	2.00	8.00	2.00	0.72	0.00	0.00	0.00	(M)	(M)
Oatmeal Bites Choc Chip - LR100318 (1 1/4 oz.)	2,900	150.66	6.03	1.00	0.00	0.00	130.57	24.11	2.01	9.04	2.01	0.36	0.00	0.00	0.00	(M)	(M)
UD HS Graham crackers - LR100271 (1 pkg.)	100	60.00	1.50	0.00	0.00	0.00	60.00	11.00	1.00	3.00	1.00	0.36	60.00	0.00	0.00	0.00	0.00
Category: Fruits; Choose: 2																	
Ardmore Farms Apple Juice - LR100117 (1 ea.)	2,800	60.00	0.00	0.00	0.00	0.00	15.00	14.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
UD 825008 - Fruit: Apple 138ct Whole 1/2 - LR100196 (1 Each, 138C)	220	62.21	0.20	0.04	(M)	0.00	1.20	16.52	2.87	(M)	0.31	0.14	7.18	64.60	5.50	102.36	0.23
Category: Milk; Choose: 1																	
826431 - MILK, Skim, Chocolate - AR1086 (1 Carton)	2,800	130.00	0.00	0.00	0.00	5.00	200.00	24.00	0.00	0.00	8.00	0.36	300.00	500.00	1.20	(M)	(M)
Strawberry nonfat milk - LR100016 (8 serving 8)	50	150.00	0.50	0.00	0.00	5.00	110.00	27.00	0.00	24.00	8.00	0.00	300.00	400.00	2.40	(M)	(M)
UD- MILK, 1% White 8oz : 6.1 - LR100226 (1 Carton)	50	103.00	2.38	1.54	0.00	12.25	107.80	12.23	0.00	12.00	8.26	0.07	306.25	480.19	0.00	220.30	1.84
UD- Milk, Skim 8 oz - LR100227 (1 Carton)	50	83.00	0.20	0.12	(M)	4.90	102.96	12.16	0.00	12.48	8.26	0.07	299.07	500.08	0.00	222.68	1.84
UD Elementary Breakfast 2018-2019 WK2 Day:3 :63595 - Day: 3	3000																
Category: Entrees; Choose: 1																	
Cheese, Light Mozzarella String Cheese, 1.0 oz, Land O'Lakes, 59703, MMA - SR101672 (1 oz.)	100	60.75	3.04	2.02	0.00	10.13	202.50	1.01	0.00	1.01	7.09	0.00	151.88	405.00	0.00	(M)	(M)
Category: Grains; Choose: 2																	
Bagel, White Whole Grain, 2 oz, Lender's Bagels, 00074, WG - SR104277 (1 bagel)	2,900	140.00	1.00	0.00	0.00	0.00	180.00	29.00	4.00	5.00	6.00	1.80	40.00	0.00	0.00	(M)	(M)
Oatmeal Bites Choc Chip - LR100318 (1 1/4 oz.)	100	150.66	6.03	1.00	0.00	0.00	130.57	24.11	2.01	9.04	2.01	0.36	0.00	0.00	0.00	(M)	(M)
Category: Fruits; Choose: 2																	

Menu Cycle Week – Nutrient Analysis

Menu Item (Serving Size)	Plan Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Sugars (g)	Pro (g)	Fe (mg)	Ca (mg)	A,IU	VitC (mg)	Mois (g)	Ash (g)
Apples, Slices, 2 oz. bags, Peterson Farms, 203102 - SR107959 (1 Bag)	700	30.00	0.00	0.00	0.00	0.00	0.00	7.00	1.00	6.00	0.00	0.00	20.00	0.00	12.00	(M)	(M)
Ardmore Farms Apple Juice - LR100117 (1 ea.)	2,300	60.00	0.00	0.00	0.00	0.00	15.00	14.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Category: Milk; Choose: 1																	
826431 - MILK, Skim, Chocolate - AR1086 (1 Carton)	2,900	130.00	0.00	0.00	0.00	5.00	200.00	24.00	0.00	0.00	8.00	0.36	300.00	500.00	1.20	(M)	(M)
Strawberry nonfat milk - LR100016 (8 serving 8)	50	150.00	0.50	0.00	0.00	5.00	110.00	27.00	0.00	24.00	8.00	0.00	300.00	400.00	2.40	(M)	(M)
UD- MILK, 1% White 8oz : 6.1 - LR100226 (1 Carton)	25	103.00	2.38	1.54	0.00	12.25	107.80	12.23	0.00	12.00	8.26	0.07	306.25	480.19	0.00	220.30	1.84
UD- Milk, Skim 8 oz - LR100227 (1 Carton)	25	83.00	0.20	0.12	(M)	4.90	102.96	12.16	0.00	12.48	8.26	0.07	299.07	500.08	0.00	222.68	1.84
Category: Condiments; Choose: 1																	
Phila-Cream Cheese Spread, Kraft 1oz serving - LR100320 (1 container)	2,900	70.00	7.00	4.00	0.00	20.00	115.00	1.00	0.00	1.00	1.00	0.11	33.32	309.40	0.00	18.00	0.45
UD Elementary Breakfast 2018-2019 WK2 Day 4 :63595 - Day: 4	3000																
Category: Grains; Choose: 1																	
Bagel, White Whole Grain, 2 oz, Lender's Bagels, 00074, WG - SR104277 (1 bagel)	100	140.00	1.00	0.00	0.00	0.00	180.00	29.00	4.00	5.00	6.00	1.80	40.00	0.00	0.00	(M)	(M)
Cinnamon Rolls, Mini Cinnis Pull Apart Rolls, Pillsbury General Mills, 33686, WGR - SR104478 (1 pkg.)	2,900	240.00	7.00	1.50	0.00	0.00	270.00	39.00	2.00	15.00	5.00	1.44	40.00	0.00	0.00	(M)	(M)
Category: Fruits; Choose: 2																	
Ardmore Farms Apple Juice - LR100117 (1 ea.)	2,800	60.00	0.00	0.00	0.00	0.00	15.00	14.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
UD 825009 BANANAS, FRESH Petite 150ct - LR100230 (1 150ct, Raw)	255	68.88	0.26	0.09	(M)	0.00	0.77	17.68	2.01	(M)	0.84	0.20	3.87	49.53	6.73	57.97	0.64
Category: Milk; Choose: 1																	
826431 - MILK, Skim, Chocolate - AR1086 (1 Carton)	2,800	130.00	0.00	0.00	0.00	5.00	200.00	24.00	0.00	0.00	8.00	0.36	300.00	500.00	1.20	(M)	(M)

Menu Cycle Week – Nutrient Analysis

Menu Item (Serving Size)	Plan Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Sugars (g)	Pro (g)	Fe (mg)	Ca (mg)	A,IU	VitC (mg)	Mois (g)	Ash (g)
Strawberry nonfat milk - LR100016 (8 serving 8)	50	150.00	0.50	0.00	0.00	5.00	110.00	27.00	0.00	24.00	8.00	0.00	300.00	400.00	2.40	(M)	(M)
UD- MILK, 1% White 8oz : 6.1 - LR100226 (1 Carton)	50	103.00	2.38	1.54	0.00	12.25	107.80	12.23	0.00	12.00	8.26	0.07	306.25	480.19	0.00	220.30	1.84
UD- Milk, Skim 8 oz - LR100227 (1 Carton)	50	83.00	0.20	0.12	(M)	4.90	102.96	12.16	0.00	12.48	8.26	0.07	299.07	500.08	0.00	222.68	1.84
Category: Condiments; Choose: 1																	
Phila-Cream Cheese Spread, Kraft 1oz serving - LR100320 (1 container)	100	70.00	7.00	4.00	0.00	20.00	115.00	1.00	0.00	1.00	1.00	0.11	33.32	309.40	0.00	18.00	0.45
UD Elementary Breakfast 2018-2019 WK2 Day 5 :63595 - Day: 5	3000																
Category: Grains; Choose: 2																	
Cinnamon Rolls, Mini Cinnis Pull Apart Rolls, Pillsbury General Mills, 33686, WGR - SR104478 (1 pkg.)	100	240.00	7.00	1.50	0.00	0.00	270.00	39.00	2.00	15.00	5.00	1.44	40.00	0.00	0.00	(M)	(M)
Cookies, Cinnamon Graham Crackers, Keebler Bug Bites, Kellogg's, 210/1 oz., 55644, WGR - SR106517 (1 pkg.)	2,900	120.00	3.50	1.00	0.00	0.00	115.00	21.00	1.00	8.00	2.00	0.72	100.00	500.00	0.00	(M)	(M)
Toaster Pastries, Pop-Tarts Frosted Brown Sugar Cinnamon 1.76, Kellogg's, 55125, WGR - AR1297 (1 toaster pa)	2,900	183.57	2.48	0.99	0.00	0.00	188.53	37.21	2.98	15.38	2.48	1.79	99.22	496.13	0.00	(M)	(M)
Category: Fruits; Choose: 2																	
Ardmore Farms Apple Juice - LR100117 (1 ea.)	0	60.00	0.00	0.00	0.00	0.00	15.00	14.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Orange Juice - LR100014 (4 oz.)	2,600	50.00	0.00	0.00	0.00	0.00	15.00	13.00	0.00	0.00	1.00	2.00	0.00	0.00	42.00	0.00	0.00
UD 825008 - Fruit: Apple 138ct Whole 1/2 - LR100196 (1 Each, 138C)	250	62.21	0.20	0.04	(M)	0.00	1.20	16.52	2.87	(M)	0.31	0.14	7.18	64.60	5.50	102.36	0.23
Category: Milk; Choose: 1																	
826431 - MILK, Skim, Chocolate - AR1086 (1 Carton)	2,800	130.00	0.00	0.00	0.00	5.00	200.00	24.00	0.00	0.00	8.00	0.36	300.00	500.00	1.20	(M)	(M)
Strawberry nonfat milk - LR100016 (8 serving 8)	50	150.00	0.50	0.00	0.00	5.00	110.00	27.00	0.00	24.00	8.00	0.00	300.00	400.00	2.40	(M)	(M)

Menu Cycle Week – Nutrient Analysis

Generated on: 4/11/2019 11:14:58 AM by Kathleen McCullough

Menu Item (Serving Size)	Plan Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Sugars (g)	Pro (g)	Fe (mg)	Ca (mg)	A,IU	VitC (mg)	Mois (g)	Ash (g)
UD- MILK, 1% White 8oz : 6.1 - LR100226 (1 Carton)	50	103.00	2.38	1.54	0.00	12.25	107.80	12.23	0.00	12.00	8.26	0.07	306.25	480.19	0.00	220.30	1.84
UD- Milk, Skim 8 oz - LR100227 (1 Carton)	50	83.00	0.20	0.12	(M)	4.90	102.96	12.16	0.00	12.48	8.26	0.07	299.07	500.08	0.00	222.68	1.84

Menu Cycle Week – Nutrient Analysis

Menu Item (Serving Size)	Plan Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Sugars (g)	Pro (g)	Fe (mg)	Ca (mg)	A,IU	VitC (mg)	Mois (g)	Ash (g)
UD Elementary Breakfast 2018-2019 WK2 Day 1 :63594 - Day: 1	3000																
Category: Grains; Choose: 2																	
Bar, Chocolate Chip Oatmeal, 1.24 oz, Betty Crocker, General Mills, 16000-45977, WG - SR106343 (1 Bar)	0	150.00	5.00	1.00	0.00	0.00	105.00	24.00	2.00	8.00	2.00	0.72	0.00	0.00	0.00	(M)	(M)
Cookies, Cinnamon Graham Crackers, Keebler Bug Bites, Kellogg's, 210/1 oz., 55644, WGR - SR106517 (1 pkg.)	100	120.00	3.50	1.00	0.00	0.00	115.00	21.00	1.00	8.00	2.00	0.72	100.00	500.00	0.00	(M)	(M)
Toaster Pastries, Pop-Tarts Frosted Brown Sugar Cinnamon 1.76, Kellogg's, 55125, WGR - AR1297 (1 toaster pa)	100	183.57	2.48	0.99	0.00	0.00	188.53	37.21	2.98	15.38	2.48	1.79	99.22	496.13	0.00	(M)	(M)
UD French Toast, Pillsbury Mini Triple Berry Blast, General Mills, 18000-37308, WGR - LR100209 (1 pouch)	3,000	220.00	7.00	1.50	0.00	5.00	380.00	37.00	2.00	11.00	4.00	1.08	40.00	(M)	(M)	(M)	(M)
UD HS Graham crackers - LR100271 (1 pkg.)	0	60.00	1.50	0.00	0.00	0.00	60.00	11.00	1.00	3.00	1.00	0.36	60.00	0.00	0.00	0.00	0.00
Category: Fruits; Choose: 2																	
Ardmore Farms Apple Juice - LR100117 (1 ea.)	500	60.00	0.00	0.00	0.00	0.00	15.00	14.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
UD 825008 - Fruit: Apple 138ct Whole 1/2 - LR100196 (1 Each, 138C)	3,000	62.21	0.20	0.04	(M)	0.00	1.20	16.52	2.87	(M)	0.31	0.14	7.18	64.60	5.50	102.36	0.23
Category: Milk; Choose: 1																	
826431 - MILK, Skim, Chocolate - AR1086 (1 Carton)	2,700	130.00	0.00	0.00	0.00	5.00	200.00	24.00	0.00	0.00	8.00	0.36	300.00	500.00	1.20	(M)	(M)
Strawberry non fat milk - LR100073 (1 Carton)	55	150.00	0.50	0.00	0.00	5.00	110.00	27.00	0.00	24.00	8.00	0.00	300.00	400.00	2.40	(M)	(M)
UD- MILK, 1% White 8oz : 6.1 - LR100226 (1 Carton)	55	103.00	2.38	1.54	0.00	12.25	107.80	12.23	0.00	12.00	8.26	0.07	306.25	480.19	0.00	220.30	1.84
UD- Milk, Skim 8 oz - LR100227 (1 Carton)	55	83.00	0.20	0.12	(M)	4.90	102.96	12.16	0.00	12.48	8.26	0.07	299.07	500.08	0.00	222.68	1.84
UD Elementary Breakfast 2018-2019 WK1 Day 2 :63594 - Day: 2	3000																

Menu Cycle Week – Nutrient Analysis

Menu Item (Serving Size)	Plan Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Sugars (g)	Pro (g)	Fe (mg)	Ca (mg)	A,IU	VitC (mg)	Mois (g)	Ash (g)
Category: Grains; Choose: 2																	
Bar, Chocolate Chip Oatmeal, 1.24 oz, Betty Crocker, General Mills, 16000-45977, WG - SR106343 (1 Bar)	100	150.00	5.00	1.00	0.00	0.00	105.00	24.00	2.00	8.00	2.00	0.72	0.00	0.00	0.00	(M)	(M)
Crescent Roll Filled with Chocolate-Pillsbury-149979000 - SR109270 (1 pkg.)	3,000	230.00	8.00	1.50	0.00	0.00	270.00	37.00	2.00	10.00	6.00	1.44	20.00	0.00	0.00	(M)	(M)
UD HS Graham crackers - LR100271 (1 pkg.)	100	60.00	1.50	0.00	0.00	0.00	60.00	11.00	1.00	3.00	1.00	0.36	60.00	0.00	0.00	0.00	0.00
Category: Fruits; Choose: 2																	
829413 - Fruit: Orange 138 CT 1/8wg 1/2c - AR1192 (8 wedges)	1,000	46.90	0.12	0.02	0.00	0.00	0.00	11.73	2.40	9.33	0.94	0.10	39.92	224.53	53.09	86.57	(M)
Ardmore Farms Apple Juice - LR100117 (1 ea.)	3,000	60.00	0.00	0.00	0.00	0.00	15.00	14.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
UD 825008 - Fruit: Apple 138ct Whole 1/2 - LR100196 (1 Each, 138C)	220	62.21	0.20	0.04	(M)	0.00	1.20	16.52	2.87	(M)	0.31	0.14	7.18	64.60	5.50	102.36	0.23
Category: Milk; Choose: 1																	
826431 - MILK, Skim, Chocolate - AR1086 (1 Carton)	2,800	130.00	0.00	0.00	0.00	5.00	200.00	24.00	0.00	0.00	8.00	0.36	300.00	500.00	1.20	(M)	(M)
Strawberry nonfat milk - LR100016 (8 serving 8)	50	150.00	0.50	0.00	0.00	5.00	110.00	27.00	0.00	24.00	8.00	0.00	300.00	400.00	2.40	(M)	(M)
UD- MILK, 1% White 8oz : 6.1 - LR100226 (1 Carton)	50	103.00	2.38	1.54	0.00	12.25	107.80	12.23	0.00	12.00	8.26	0.07	306.25	480.19	0.00	220.30	1.84
UD- Milk, Skim 8 oz - LR100227 (1 Carton)	50	83.00	0.20	0.12	(M)	4.90	102.96	12.16	0.00	12.48	8.26	0.07	299.07	500.08	0.00	222.68	1.84
UD Elementary Breakfast 2018-2019 WK1 Day 3 :63594 - Day: 3	3000																
Category: Entrees; Choose: 1																	
ud chocolate chip muffin loaf - LR100305 (2 oz.)	100	170.00	5.00	1.00	0.00	0.00	190.00	29.00	1.00	14.00	3.00	1.08	0.00	0.00	0.00	(M)	(M)
Category: Grains; Choose: 2																	
UD HS Graham crackers - LR100271 (1 pkg.)	100	60.00	1.50	0.00	0.00	0.00	60.00	11.00	1.00	3.00	1.00	0.36	60.00	0.00	0.00	0.00	0.00
UD Pancakes, Maple Burst'n Mini K-12 Hot Breakfast, Pillsbury, General Mills, 32259, WGR - LR100201 (1 package 1)	3,000	230.00	7.00	1.00	0.00	0.00	150.00	41.00	3.00	14.00	4.00	0.72	40.00	0.00	0.00	(M)	(M)

Menu Cycle Week – Nutrient Analysis

Menu Item (Serving Size)	Plan Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Sugars (g)	Pro (g)	Fe (mg)	Ca (mg)	A,IU	VitC (mg)	Mois (g)	Ash (g)
Category: Fruits; Choose: 2																	
Apples, Slices, 2 oz. bags, Peterson Farms, 203102 - SR107959 (1 Bag)	750	30.00	0.00	0.00	0.00	0.00	0.00	7.00	1.00	6.00	0.00	0.00	20.00	0.00	12.00	(M)	(M)
Ardmore Farms Apple Juice - LR100117 (1 ea.)	2,300	60.00	0.00	0.00	0.00	0.00	15.00	14.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Category: Milk; Choose: 1																	
826431 - MILK, Skim, Chocolate - AR1086 (1 Carton)	2,800	130.00	0.00	0.00	0.00	5.00	200.00	24.00	0.00	0.00	8.00	0.36	300.00	500.00	1.20	(M)	(M)
Strawberry nonfat milk - LR100016 (8 serving 8)	50	150.00	0.50	0.00	0.00	5.00	110.00	27.00	0.00	24.00	8.00	0.00	300.00	400.00	2.40	(M)	(M)
UD- MILK, 1% White 8oz : 6.1 - LR100226 (1 Carton)	50	103.00	2.38	1.54	0.00	12.25	107.80	12.23	0.00	12.00	8.26	0.07	306.25	480.19	0.00	220.30	1.84
UD- Milk, Skim 8 oz - LR100227 (1 Carton)	50	83.00	0.20	0.12	(M)	4.90	102.96	12.16	0.00	12.48	8.26	0.07	299.07	500.08	0.00	222.68	1.84
UD Elementary Breakfast 2018-2019 WK1 Day 4 :63594 - Day: 4	3000																
Category: Entrees; Choose: 1																	
ud chocolate chip muffin loaf - LR100305 (2 oz.)	100	170.00	5.00	1.00	0.00	0.00	190.00	29.00	1.00	14.00	3.00	1.08	0.00	0.00	0.00	(M)	(M)
Category: Grains; Choose: 2																	
Cinnamon Rolls, Mini Cinnis Pull Apart Rolls, Pillsbury General Mills, 33686, WGR - SR104478 (1 pkg.)	3,000	240.00	7.00	1.50	0.00	0.00	270.00	39.00	2.00	15.00	5.00	1.44	40.00	0.00	0.00	(M)	(M)
UD HS Graham crackers - LR100271 (1 pkg.)	100	60.00	1.50	0.00	0.00	0.00	60.00	11.00	1.00	3.00	1.00	0.36	60.00	0.00	0.00	0.00	0.00
Category: Fruits; Choose: 2																	
Ardmore Farms Apple Juice - LR100117 (1 ea.)	3,000	60.00	0.00	0.00	0.00	0.00	15.00	14.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
UD 825009 BANANAS, FRESH Petite 150ct - LR100230 (1 150ct, Raw)	800	68.88	0.26	0.09	(M)	0.00	0.77	17.68	2.01	(M)	0.84	0.20	3.87	49.53	6.73	57.97	0.64
Category: Milk; Choose: 1																	
826431 - MILK, Skim, Chocolate - AR1086 (1 Carton)	2,800	130.00	0.00	0.00	0.00	5.00	200.00	24.00	0.00	0.00	8.00	0.36	300.00	500.00	1.20	(M)	(M)
Strawberry nonfat milk - LR100016 (8 serving 8)	50	150.00	0.50	0.00	0.00	5.00	110.00	27.00	0.00	24.00	8.00	0.00	300.00	400.00	2.40	(M)	(M)

Menu Cycle Week – Nutrient Analysis

Menu Item (Serving Size)	Plan Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Sugars (g)	Pro (g)	Fe (mg)	Ca (mg)	A,IU	VitC (mg)	Mois (g)	Ash (g)
UD- MILK, 1% White 8oz : 6.1 - LR100226 (1 Carton)	50	103.00	2.38	1.54	0.00	12.25	107.80	12.23	0.00	12.00	8.26	0.07	306.25	480.19	0.00	220.30	1.84
UD- Milk, Skim 8 oz - LR100227 (1 Carton)	50	83.00	0.20	0.12	(M)	4.90	102.96	12.16	0.00	12.48	8.26	0.07	299.07	500.08	0.00	222.68	1.84
UD Elementary Breakfast 2018-2019 WK1 Day 5 :63594 - Day: 5	3000																
Category: Grains; Choose: 2																	
Cinnamon Rolls, Mini Cinnis Pull Apart Rolls, Pillsbury General Mills, 33686, WGR - SR104478 (1 pkg.)	100	240.00	7.00	1.50	0.00	0.00	270.00	39.00	2.00	15.00	5.00	1.44	40.00	0.00	0.00	(M)	(M)
Cookies, Cinnamon Graham Crackers, Keebler Bug Bites, Kellogg's, 210/1 oz., 55644, WGR - SR106517 (1 pkg.)	2,900	120.00	3.50	1.00	0.00	0.00	115.00	21.00	1.00	8.00	2.00	0.72	100.00	500.00	0.00	(M)	(M)
Pastry, Pop-Tarts Frosted Strawberry Made With Whole Grain, 1.76 oz./12/10, Kellogg's, 38000-55130, WGR - SR106318 (1 pastry)	2,900	180.00	2.50	1.00	0.00	0.00	180.00	38.00	3.00	15.00	2.00	1.80	100.00	500.00	0.00	(M)	(M)
Category: Fruits; Choose: 2																	
Ardmore Farms Apple Juice - LR100117 (1 ea.)	3,000	60.00	0.00	0.00	0.00	0.00	15.00	14.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
UD 825008 - Fruit: Apple 138ct Whole 1/2 - LR100196 (1 Each, 138C)	125	62.21	0.20	0.04	(M)	0.00	1.20	16.52	2.87	(M)	0.31	0.14	7.18	64.60	5.50	102.36	0.23
Category: Milk; Choose: 1																	
826431 - MILK, Skim, Chocolate - AR1086 (1 Carton)	2,800	130.00	0.00	0.00	0.00	5.00	200.00	24.00	0.00	0.00	8.00	0.36	300.00	500.00	1.20	(M)	(M)
Strawberry non fat milk - LR100073 (1 Carton)	50	150.00	0.50	0.00	0.00	5.00	110.00	27.00	0.00	24.00	8.00	0.00	300.00	400.00	2.40	(M)	(M)
UD- MILK, 1% White 8oz : 6.1 - LR100226 (1 Carton)	50	103.00	2.38	1.54	0.00	12.25	107.80	12.23	0.00	12.00	8.26	0.07	306.25	480.19	0.00	220.30	1.84
UD- Milk, Skim 8 oz - LR100227 (1 Carton)	50	83.00	0.20	0.12	(M)	4.90	102.96	12.16	0.00	12.48	8.26	0.07	299.07	500.08	0.00	222.68	1.84